Courtesy of **Our Company's** RIS KIR **COVID-19 Safety Rules** 255 East Ave, Suite 300 Rochester, NY 14604 585.473.8000 Refer to: WWW.CDC.GOV and FORWARD.NY.GOV for more information Social Distancing STAY HOME WEAR A MASK and call in whenever if you have any you could be COVID-19 less than 6 feet MAINTAIN 6' CLEARANCE symptoms from anyone else from co-workers or visitors **Personal Hygiene** AVOID TOUCHING **COVER YOUR** WASH YOUR HANDS often and for at **MOUTH & NOSE** least 20 seconds. with a tissue when you

cough or sneeze or use your eyes, nose or mouth the inside of your elbow with your hands



All Employees & Visitors Must Also



COMPLETE OUR SCREENING FORM DAILY and submit before entering our workplace

Use soap and water

or hand sanitizer



WIPE DOWN any "public" surfaces you touch with your hand(s) after use (unless you have on gloves). For example: printer & elevator buttons, handles, etc. - WE WILL PROVIDE DISINFECTING WIPES -(Note our entire facility will be cleaned after each shift.)

Signs & Symptoms of COVID-19 May Include:



EARLY SYMPTOMS Body Aches, Sore Throat, Headache, Diarrhea, Nausea, Runny Nose



ADVANCED SYMPTOMS

Coughing, Fever, Shortness of Breath, **Difficulty Breathing**

Please feel free to copy and provide this poster to anyone at no cost.